

# GNE Improving Nutrition One Village at a Time...*with your help!*



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Your generosity is appreciated to continue work to reduce preventable birth defects and improve maternal and child health through MN supplementation and nutrition education in underserved areas of Nepal.

**Make a tax deductible donation now!**

## OUTCOMES OF NEPAL 2011-2014 PROGRAMS

- ♦ Provided 50,000 rural women with a year's worth of WHO-recommended dosages of MNs
- ♦ Conducted successful field testing of a new digital/interactive nutrition educational module & continued to improve nutrition education
- ♦ Created relationships in villages with women, community leaders & district health offices

## GNE launches a new supplementation & education program: 1000 Days + Everyday

Thanks to the ongoing support of Vitamin Angels, we have secured another two years of micronutrients (MNs) to support our new program.

1000 Days + Everyday focuses on nutrition education and MN supplementation for all women of childbearing age in communities vulnerable to under-nutrition in rural Nepal. Our unique approach will ensure a sustainable supply of supplements that is amazingly cost effective. The cost to supply one woman with WHO-recommended doses of MNs for a year is \$10.00; our goal is to lower this cost over the next two years.

Female Community Health Volunteers (FCHVs) are the backbone of Nepal's public health system. These women demonstrate amazing dedication to the women and children in their care. FCHVs are the core of GNE's new program.

GNE will train these women about nutrition and prepare them to hold small group sessions with the women in their



villages where they will distribute MNs and nutritional education via our digital/interactive program. This inaugural program supports two rural districts that will organize their own community's resources to conduct maternal and child education.

We need your support to make this transformative model a reality. GNE is committed to providing leadership, digital

tablets, and the MNs donated by Vitamin Angels. Your donation will support front-line work, including MN transportation & distribution as well as FCHV training.

Please help us to continue reducing preventable birth defects and improving maternal and child health in underserved areas of Nepal by making a tax deductible donation now.

## Meet our program liaison: Gunjan Dahakar



Thanks to your help in the past years, GNE has been able to hire a liaison. Gunjan, a Nepal

native, will be in charge of implementing and supervising grassroots ground work.

Gunjan holds a Master's Degree in Public Policy from Oregon State University with a main focus on development policies. Her areas of interests are local governance, community development, gender equality & social inclusion, and access and barriers to service delivery. She holds her MBA

degree and has experience working in the banking sector. In this newly created position, Gunjan will be in charge of educating and empowering local rural women to understand the importance of nutrition and other preventative health measures. The women will learn how to obtain MN supplements and distribute them in their communities.

[www.GlobalNutritionEmpowerment.org](http://www.GlobalNutritionEmpowerment.org)

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## 2015 GNE Board is Official!

Improve  
nutrition  
one village  
at a time

Donate  
Now

An anonymous  
donor will match  
your donation in  
full if you  
donate before  
December 31  
2014

Melissa Conley, Oregon State University Ph.D. candidate has this to say about her recent appointment to the board and her experience volunteering with GNE as a 2014 trekker.

*"As a GNE trekker in 2014, I was able to see firsthand the manifestation of GNE's labor. The combination of Marie's passion about the project and the talented people she has surrounding her are evidenced through the amount of Nepali women GNE has been able to impact. It was through these experiences that I felt compelled to commit more of my time to GNE's mission as a board member."*

Melissa N. Conley  
Nutrition Ph.D. Candidate  
NSF Fellow; IGERT in Aging  
Sciences  
College of Public Health &  
Human Sciences  
Oregon State University



Thanks to Melissa and others like her, we are moving forward with input from an intentionally revolving board of directors to ensure a sustainable process.

To see the entire list of current board members visit our web site:  
[www.GlobalNutritionEmpowerment.org](http://www.GlobalNutritionEmpowerment.org)

