

GNE: Improving Nutrition One Village at a Time ... with your help!

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On April 25, 2015, a magnitude 7.8 earthquake struck Nepal. Over 9,000 people died. Over 23,000 were injured. GNE provided funds for much-needed relief supplies and temporary schools.



2015 in Review

The year began for GNE with great anticipation. Our micronutrient (MN) supplement program in Nepal (1000 Days Plus) was ready to launch. Female Community Health Volunteers (FCHV) were enthusiastic. Women in Nawalparasi and Myagdi had been taking the MNs for three years and anticipated ongoing supplies. A fabulous Nepal liaison was hired (Gunjan Dhakal). Agreements with village leaders were signed to transform this into a long term, grassroots program. All we needed was the approval of the Ministry of Health. Captain Dam and Mr. Narayan Bhandari, our program champions, made many trips to the Ministry. Unfortunately it was to no avail; permission to import the vitamins was not granted.

Then, suddenly last April, everything changed when devastating earthquakes shook Nepal. How could we help in this new crisis? The answers came from here and from Nepal. Stuty and Suman organized fundraisers in the US while Gunjan wrote updates on Facebook. Narayan collected food, clothing and tarps. With over 40 volunteers, he was able to quickly take these supplies along with medical care providers to 10 devastated villages. Later the villages asked Narayan to help them build temporary schools for the children. He was able to do so in 23 villages, building a total of 102 school rooms for 4,280 children. *All thanks to your donations!*

GNE is refocusing in 2016. We will continue to work in Nepal with our trusted colleagues and network of FCHVs. Our previous targets for improving nutrition and health for women and children will now have to be met through health education. We think that we can expand on our education program to provide more high quality health information. The 2016 February Nepal trip will introduce at least 5 new health teaching modules including reproductive health, sanitation, first aid, diabetes and hypertension. We will also visit some of the villages where Narayan's team (and your money) built schools.

GNE will continue with its mission to improve the health of one village at a time *with your help*. Please consider making a donation to support our work in Nepal.

Marie Long, M.D.
Chairperson and Founder, GNE

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